



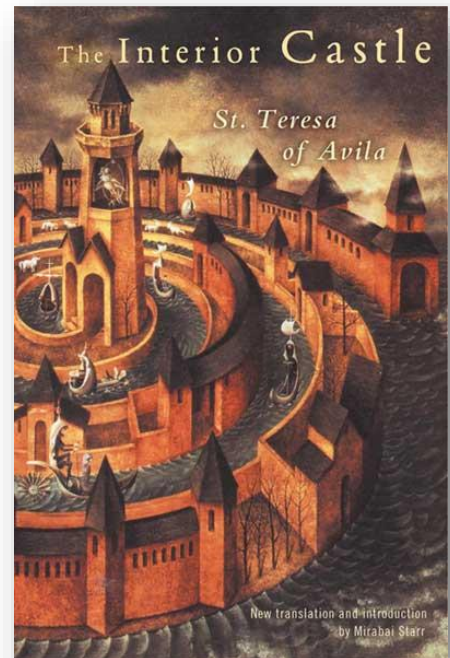
Meet

# St. Teresa of Avila

and experience her

## Interior Castle

Discover, learn and hear about the life of the 16<sup>th</sup> century Carmelite nun and Christian mystic **St. Teresa**, and personally experience her **Interior Castle** based on her iconic book through **imagery, silent reflection and journaling**



*Are you stressed from the busyness of day-to-day life? Do you need a spiritual recharge? Or, do you just need a simple "pick-me-up"? Wherever you are on your spiritual journey, come join us!*

**Saturday, September 28, 2019; 9:00 a.m. to 4:00 p.m.**

**Center for Ministry - Saginaw**

**Cost: \$35; after September 19: \$40 (includes lunch)**

**Registration deadline: September 19, 2019**

**To register, either call 989.797.6654 or go to [www.saginaw.org/events](http://www.saginaw.org/events)**