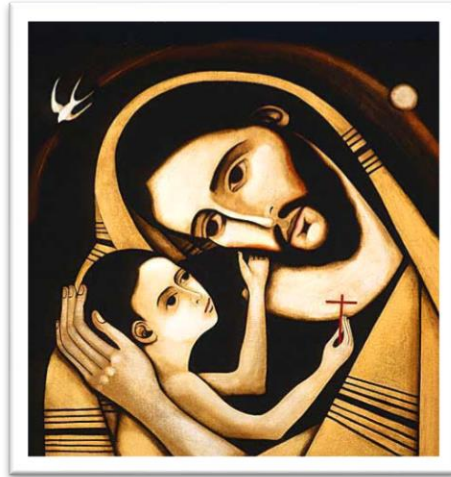


Catholic Diocese of Saginaw

Novena in Honor of Saint Joseph

Plenary Indulgence for the Year of Saint Joseph



A plenary indulgence is granted under the usual conditions (sacramental confession, Eucharistic communion, and prayer for the Pope's intention) to the faithful who, with a spirit detached from any sin, participate in the Year of Saint Joseph in the following ways indicated by the Apostolic Penitentiary of the Holy See (Vatican):

- † Contemplate the Our Father for at least 30 minutes
- † Make a spiritual retreat (at least one day), including a meditation on Saint Joseph
- † Perform a Spiritual or Corporal Work of Mercy
- † Pray the Rosary as a family or as an engaged couple
- † Entrust your life to the protection of Saint Joseph
- † Ask Saint Joseph to intercede for those seeking employment, praying that the work of all people may be more dignified
- † Recite the Litany of Saint Joseph or another prayer honoring the saint, praying for the relief of those in the Church who are persecuted
- † Recite an approved prayer in honor of Saint Joseph, especially on Wednesdays or the 19th of each month

Note: The plenary indulgence is extended to the elderly, sick, suffering and homebound who (with a soul detached from any sin) pray in honor of Saint Joseph, an offering to God their hardship with the intention to fulfill the three customary conditions as soon as they can, if possible.