

Criteria for being an *Extraordinary Minister of Holy Communion* (EMHC) in the Catholic Diocese of Saginaw

(according to the Indult, Church Law-including Redemptionis Sacramentum – and Diocesan Policy)

- *A Roman Catholic whose qualities of Christian life, faith, and morals recommend them*
- *A fully initiated member of the Catholic community (i.e., have received the Sacraments of Baptism, Confirmation, and Eucharist)*
- *At least 16 years old*
- *A parishioner in good standing who faithfully participates in the sacramental life of the Church*
- *(If married) within a wedding bond that is recognized (valid) in the Roman Catholic Church*
- *Successfully completed the Renewal Formation training provided by the parish*
- *Supported by the Pastor and/or Director of Parish Life to be an EMHC*